



## **InterSoccer Zug Course Checklist**

Please remember to bring the following to the course :

- Print out of Book Online Confirmation on first day
- Hunenberg and ISZL have all weather pitches so please bring soccer kit including soccer boots (no metal studs) or sports shoes if no rain and pitch is dry, sports shirt, shorts or /and tracksuit bottoms, tracksuit/sports top. No jeans or trousers please
- Depending on time of year, hat and gloves in case of cold weather
- Warm Rain jacket
- Shin pads for 7 years old and above. Please email Steve if you would like to purchase InterSoccer shinpads.
- Drinks bottle so children can have a drink without having to leave pitch
- Please label all clothing/equipment that participant brings
- Sun cream should be worn when the weather is hot