



## **InterSoccer Academy Camp Checklist**

Please remember to bring the following to camp :

- Print out of Book Online Confirmation
- Soccer kit including soccer boots (no metal studs) or/and sports shoes, sports shirt, shorts or /and tracksuit bottoms, tracksuit/sports top
- Shin pads recommended for 7 and above
- Rain jacket, even if a sunny day, it might rain later
- Sun cream. In addition, each child should have had sun cream applied before arriving at camp
- Cap/Hat to help protect from the sun
- Packed lunch plus small snack for late morning, it's a long day
- Large drinks bottle that can be refilled
- Please label all clothing/equipment that participant brings